

# School Lunch Menu: Academy Primary School

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 11 Sep 23 9 Oct 23 6 Nov 23 4 Dec 23 8 Jan 24 5 Feb 24	Savory Mince <b>OR</b> Fish Goujon in Soft Shell Taco with Tomato Salsa Baton Carrots Mashed/Baby Potatoes / Salad  Mandarin Orange Sponge & Custard	Classic Margherita Pizza <b>OR</b> Italian Chicken & Tomato Pasta Bake with Garlic Bread Steamed Broccoli / Coleslaw Chipped Potato / Baked Potato / Salad  Banana Yoghurt Pot	Chicken Curry & Naan Bread Garden Peas & Sweetcorn Steamed Rice/Oven Baked Potato Wedges  Strawberry Jelly, Ice Cream & Fruit	Roast Chicken Stuffing & Rich Gravy Carrot & Parsnip / Savoy Cabbage Mashed Potato / Oven Roast Potato  Chocolate Sponge	Hot Dog with Tomato Ketchup Garden Peas / Spaghetti Hoops / Salad Chipped Potatoes / Baked Potatoes  Flake Meal Biscuit & Fruit Selection
<b>WEEK 2</b> 18 Sep 23 16 Oct 23 13 Nov 23 11 Dec 23 15 Jan 24 12 Feb 24	Mexican Chilli <b>OR</b> BBQ Chicken Pizza Sweetcorn / Coleslaw Steamed Rice / Oven Roast Potato Wedges  Apple Sponge & Custard	Sausage Roll Baked Beans and Garden Peas Chipped Potato / Jacket Potato / Salad  Ice Cream, Chocolate Sauce & Sliced Pears	Chicken Curry & Nann Bread Garden Peas & Sweetcorn Steamed Rice  Strawberry Mousse & Fruit	Roast Gammon, Stuffing & Rich Gravy <b>OR</b> Poached Salmon Cauliflower / Broccoli Mashed Potato / Oven Roast Potato  Blueberry Muffin	Beef Burger with Tomato Ketchup Sweetcorn / Salad Chipped Potatoes / Baked Potatoes  Flake Meal Biscuit & Fruit
<b>WEEK 3</b> 28 Aug 23 25 Sep 23 23 Oct 23 20 Nov 23 18 Dec 23 22 Jan 24	Beef Meatballs with Italian Tomato & Basil Sauce <b>OR</b> Pepperoni/Margherita Pizza Garden Peas / Salad Penne Pasta/Oven Baked Potato Wedges  Fresh Fruit Pot	Golden Crumbed Fish Fingers Baked Beans Chipped / Mashed Potatoes / Salad  Artic Roll with Peaches & Pears	Chicken Curry & Naan Bread <b>OR</b> Salt'n'Chilli Chicken Bites Mini Corn on the Cob Steamed Rice / Salad / Oven Baked Potato Wedges  Lemon Drizzle Cake & Custard	Roast Chicken, Stuffing & Rich Gravy Carrot & Parsnip / Cauliflower Cheese Mashed Potato / Oven Roast Potato  Fairy Cake	Tasty Pork Sausages with Tomato Ketchup or Gravy Sweetcorn & Baked Beans Chipped Potatoes / Mashed Potato  Fresh Fruit Selection
<b>WEEK 4</b> 4 Sep 23 2 Oct 23 30 Oct 23 27 Nov 23 01 Jan 24 29 Jan 24	Beef Bolognese with Garlic Bread <b>OR</b> Sweet Chilli Chicken Panini & Coleslaw Baton Carrots/Salad/Oven Baked Potato Wedges Pasta Shells  Jelly & Fruit	Ham & Cheese Pizza with Garlic Dip Mini Corn on the Cob / Baked Beans / Coleslaw Chipped Potato / Jacket Potato  Melon, Mandarin & Pineapple Pot	Chicken Curry & Naan Bread Garden Peas & Sweetcorn Steamed Rice / Salad  Date Fudge & Custard	Roast Beef, Stuffing & Rich Gravy  Cauliflower Cheese and Baton Carrots Mashed Potato / Oven Roast Potato  Ice Cream & Pears	Oven Baked Chicken Goujons <b>OR</b> Admiral's Ocean Pie Garden Peas / Baked Beans Chipped & Jacket Potato / Salad  Homemade Ginger Biscuit & Fruit

**Breads**  
**Milk, Water**  
**Fresh Fruit,**  
**Yoghurt**

**Selection of**  
**salads available**  
**daily**

**If You Require**  
**any Additional**  
**Information on**  
**Allergens or**  
**Special Diets,**  
**please Contact**  
**the school to**  
**complete a**  
**Special Diets**  
**Application**  
**Form**

